

PA
PPA
RE

food
for
mood

Weekly Menu'

Food & Snacks



Pappare'
has got
an apostrophe
not an accent

food
for
mood

PAPPARE' HAS GOT AN APOSTROPHE, NOT AN ACCENT:
BECAUSE WE WANT TO LEAVE THE IMAGINATION OPEN
IN ORDER TO COMPLETE OUR NAME.

Pappa Reale, Pappáre, Pappa e...:
We value your own interpretation of it.

Truncated words keep the imagination going, not
only the story-ending remains open to interpretations,
but also the the story-telling.

Here is Pappare': a box collecting your stories,
simply meeting at a table or while sharing good food,
coffee and drinks.



VEGETARIAN



VEGAN



GLUTEN-CONSCIOUS *

* without gluten-containing
ingredients, however cross-
contamination is possible

**IF YOU SUFFER FROM ALLERGIES OR FOOD INTOLERANCES, LET OUR STAFF KNOW
IN ADVANCE, SO WE CAN GUIDE YOU THROUGH THE MENU**

Our recipe book is available for consultation with a complete list of allergens and any frozen products

home-made pancakes

Freshly baked daily. Ask for our pancake mix, preparing them at home will be super easy!

The classic

just as they are with butter & maple syrup	7,50	🍴
• add two rashers of bacon	+ 2,50	
• add smoked salmon & cream cheese	+ 7,50	
• add scrambled eggs	+ 3,00	🍴

Strawberry

halzenut cream, fresh strawberries	10,00	🍴
------------------------------------	-------	---

Fruit sunrise

fresh seasonal fruit, yoghurt, home-made granola, maple syrup	10,00	🍴
---	-------	---

Raspberry

pistachio cream and grains, chocolate flakes, fresh raspberries	11,00	🍴
---	-------	---

Protein +

peanut butter, banana, honey, home made-granola	9,50	🍴
---	------	---



on-toast

toasted bread and scrambled eggs	7,50	🍴
• add grilled mushrooms	+ 3,00	🍴
• add seasoned avocado cream	+ 3,00	🍴
• add roasted tomatoes	+ 2,50	🍴
• add baked beans	+ 2,50	🍴
• add two rashers of crispy bacon	+ 3,00	
• add two sausages	+ 5,50	
• add smoked salmon	+ 6,50	
• add cream cheese	+ 2,00	🍴

full-house

scrambled eggs, bacon, sausage, roasted tomatoes, grilled mushrooms, home-made baked beans, toasted sour dough bread	16,00	
• add home-made pancake & maple syrup	+ 2,50	




healthy fruit & cereals


Packed with proteins, omega fatty acids, fibers, vitamins and minerals, our breakfast pots are a guaranteed boost



Açai _ S/L

açai, bluberries, fresh seasonal fruit, soy milk, 8,00 / 4,50 
chia seeds, home-made granola


Berries_ S/L

fresh berries, yoghurt, raspberry jam, 8,00 / 4,50 
home-made granola, chocolate flakes

Honey_ S/L

fresh seasonal fruit, yogurt, honey, 8,00 / 4,50 
home-made granola, dried apricots

Chia Ω³_ S/L


overnight chia pudding in oat milk, 8,00 / 4,50 
peanut butter, raspberry jam,
home-made granola



Fruit Pot_ S/L

fresh seasonal fruit salad 7,00 / 4,00 

our salads

Pappare' Salads

Mixed salad, rocket, cherry tomatoes, turmeric 7,00 
croutons, citronette and sesame seeds

- add crispy bacon flakes + 2,50
- add smoked salmon + 6,50
- add grilled chicken breast + 5,00
- add falafel and lemon tahini dressing + 3,00 
- add veggie meatballs * + 3,00 

* ask the staff for the veggie meatball of the day

Caesar Salad

Grilled chicken slices, crunchy salad, caesar dressing, 13,50
turmeric croutons and parmesan shavings

Counter Salads

Seasonally selected, ask the staff for the salads of the day 7,50






pappare' buns


Veggie burger

Home made vegan burger, with crunchy salad, fresh tomato and romesco sauce, vegan mayo, served with baked potatoes 13,00 

• without bun 12,00 


Fassona beef burger

220 gr Fassona beef burger, crispy bacon, smoked scamorza cheese, caramelized onion, Dijon sauce, crunchy salad, fresh tomato, served with baked potatoes 13,00

• without bun 12,00 

Pink burger

Salmon burger, activated charcoal bun, remoulade sauce, tomato slices, lettuce, served with baked potatoes 13,00


• without bun 12,00 

lunch & brunch

Pink supreme

Grilled salmon burger in golden flaxseed crust, white sesame seeds and chopped pistacchios, served on quinoa and lime-infused yogurt, tomato slices and home made granola 14,50

Il Burrito

Burrito with seasoned avocado cream, home made vegan mayonnaise, beans, basmati rice, caramelized onion and tabasco sauce 9,00 

• add grilled chicken breast + 5,00

• add crispy bacon flakes + 3,50


Club sandwich

Wholemeal sandwich with marinated and grilled chicken breast, crispy bacon, caramelized tomato, crunchy salad, smoked scamorza cheese, vegan mayo, served with baked potatoes 14,00

Falafel kamut

Khorasan wheat bread with home made falafel, fresh tomato, mixed salad and lemon tahini sauce 9,00 

Veggie meatballs spring-summer

Veggie meatballs* with mixed salad and fresh seasonal fruit served with mint tomato chutney 10,00 

*ask the staff for the veggie meatball of the day

Beef meatballs in tomato sauce

Beef meatballs served with tomato & basil sauce 10,00



to share



from the counter

Ask the staff to tell you about the selection available over the counter. At any time of day, from breakfast to the aperitif, passing through the peckish snack, our counter always has sweet and savory options. Upon request, the staff reserves the right to decide whether to produce items temporarily unavailable over the counter.

Daily savouries

Pizza

margherita or with toppings 3,50

Turmeric bread sandwiches

• Ham, home made mayo, grilled mushrooms 5,50
 • Turkey breast, cream cheese, apricot jam, baby spinach 5,50
 • Home made hummus, sun-dried tomatoes pesto, grilled aubergines, lemon tahini sauce 5,50

Savoury croissants

• Smoked salmon, cream cheese, lemon zest 6,50
 • Speck, brie, rocket, walnuts and honey 5,50
 • Turkey, stracchino cheese, sun-dried tomatoes pesto 5,00
 • Ham and brie 5,50
 • Ham 4,00

Panini & toasties

• Ham and cheese, vegan mayo toastie 5,50
 • Roasted ham and smoked scamorza cheese toastie 5,50

Seasoned avocado cream

• with home made bruschettas 7,00
 • with nachos 6,50

Falafel home-made

Home made falafels with lemon tahini sauce 6,00

Home-made veggie meatballs*

* ask the staff for the veggie meatball of the day 6,00

Our home made hummus

• with home made bruschettas 6,00
 • with nachos 5,50

Baked potatoes with BBQ sauce

5,00

Sourdough bread slices

2,00

• Hummus, dried tomato pesto, grilled mushrooms and feta cheese toastie 5,50
 • Romesco sauce, grilled aubergines, baby spinach 5,50
 • Laugen bread caprese 5,50
 • Laugen bread with speck, stracchino cheese and fresh apple slices 5,50
 • Laugen bread with salame, romesco sauce and mixed salad 5,50
 • Bagel with smoked salmon, guacamole sauce, cream cheese and lemon zest 6,50
 • Parma ham with buffalo mozzarella, and basil focaccia 6,00
 • Mortadella IGP, robiola cheese, chopped pistacchios focaccia 6,00
 • Roasted ham, robiola cheese, and grilled mushrooms focaccia 6,00

Cakes & pastries

try our selection of desserts and croissants, also vegan, for breakfast or for an afternoon snack

Croissants and pastries da 1,30 a 2,50
 Muffins 3,50
 Home-made cookies da 1,20 a 1,50
 Our cakes da 3,00 a 3,70



Whether they are cakes or croissants, buns or bagels, burgers or salads, fruit & cereal bowls or our pancakes, perhaps accompanied by our home-made drinks, hot or iced:

ask our staff what you need
In order to take it home with you!

We are also available on the best food delivery platforms: order online!

**PAPPARE' GIFT CARDS:
FOR A GIFT OR TO CHOOSE THE CONVENIENCE**

Gift Cards are perfect for a gift, or simply to take advantage of the **5% discount** on all our coffee products, pastry and all brunch & lunch dishes.

Request your gift card directly at the counter



Follow us on social networks also to find out the latest news:

@pappare_bologna
@pappare_emilia
@pappare_ferrara
@pappare_trento

PA
PPA
RE

food
for
mood