

great non-stop food

 Vegan plant based

 Gluten free

 Vegetarian

Gluten free dishes may not be suitable for Celiacs. Pls ask about allergies and intolerances

from the kitchen

PAPPARE' BUNS

Veggie burger - 13

Home made vegan burger, with crunchy salad, fresh tomato and romesco sauce, vegan mayo, served with baked potatoes
- with 'red love' beetroot-coloured bun
- with wholemeal seed bun
- without bun - less 1 

'Fassona' beef burger - 13

220 gr Fassona beef burger, crispy bacon, smoked scamorza cheese, caramelized onion, Dijon sauce, crunchy salad, fresh tomato, served with baked potatoes
- without bun - less 1 

Pink burger - 13

Marinated salmon burger, activated charcoal bun, remoulade sauce, fresh tomato slices, lettuce, served with baked potatoes

PAPPARE' LUNCH & BRUNCH

Pink supreme - spring/summer edition - 14.50

Grilled salmon burger in golden flaxseed crust, white sesame seeds and chopped pistacchios, served on quinoa and lime infused yogurt, fresh tomato slices and home made granola

Il Burrito - 9

Vegan burrito with seasoned avocado cream, home made vegan mayonnaise, beans, basmati rice, caramelized onion and tabasco sauce
with grilled chicken breast - add 5
with crispy bacon flakes - add 3.50

Club sandwich - 14

Wholemeal sandwich with marinated and grilled chicken breast, crispy bacon, caramelized tomato, crunchy salad, smoked scamorza cheese, vegan mayo, served with baked potatoes

Falafel kamut - 9

Khorasan wheat bread with home made falafel, fresh tomato, mixed salad and lemon tahini sauce

TO SHARE

Seasoned avocado cream - 7

- with home made bruschettas
- with nachos - less 0.50 

Home made falafels - 6

con salsa lemon tahini

Our home made hummus - 6

- classic hummus with home made bruschettas
- beetroot hummus with home made bruschettas
- with nachos - togli 0.50 

Baked potatoes - 5

with BBQ sauce

Sourdough bread - 2

three slices

from the counter

grub a quick but yummy bite

OUR SALADS

Pappare' salad - 7

Mixed salad, rocket, cherry tomatoes, turmeric croutons, citronette and sesame seeds
with smoked salmon - add 6.50
with grilled chicken breast - add 5
with falafel and lemon tahini dressing - add 3 
with crispy bacon - add 2.50

Caesar salad - 13.50

Grilled chicken slices, crunchy salad, caesar dressing, turmeric croutons and parmesan shavings

Counter salads - 7.50

Seasonally selected, ask the staff for the salads of the day

DAILY SAVOURIES

Pizza - 3.50

White or red, margherita or with toppings

Turmeric bread sandwiches - 5.50

- Ham, home made mayo, grilled mushrooms
- Turkey breast, cream cheese, apricot jam, baby spinach
- Home made hummus, sun-dried tomatoes pesto, grilled aubergines, lemon tahini sauce 

Savoury croissants

- Smoked salmon, cream cheese, lemon zest - 6.50
- Speck, brie, rocket, walnuts and honey - 5.50
- Turkey, stracchino cheese, dried tomatoes pesto - 5
- Ham, brie - 5.50
- Ham - 4

Panini & toasties

- Ham and cheese toastie- 5.50
- Roasted ham and smoked scamorza cheese toastie - 5.50
- Hummus, dried tomato pesto, grilled mushrooms and feta cheese toastie - 5.50 
- Romesco sauce, grilled aubergines, baby spinach - 5.50 

- Laugen bread caprese - 5.50 

- Laugen bread with speck, stracchino cheese and fresh apple slices - 5.50

- Laugen bread salame, romesco sauce and mixed salad - 5.50

- Bagel with smoked salmon, guacamole sauce, cream cheese and lemon zest - 6.50

- Parma ham with buffalo mozzarella, and basil focaccia - 6

- Mortadella IGP, robiola cheese, chopped pistacchios focaccia - 6

- Roasted ham, robiola cheese, and home made mushrooms paste focaccia - 6