

great non-stop food

🌱 Vegan plant based

🌾 Gluten free

🌿 Vegetarian

Gluten free dishes may not be suitable for Celiacs. Pls ask about allergies and intolerances

from the kitchen

PAPPARE' BUNS

Veggie burger - 10 🌱

Home made vegan burger, with crunchy salad, fresh tomato and romesco sauce, served with baked potatoes
- without bun - less 1 🌾

'Fassona' beef burger - 10

220 gr Fassona beef burger, crispy bacon, smoked scamorza cheese, caramelized onion, Dijon sauce, crunchy salad, fresh tomato, served with baked potatoes
- without bun - less 1 🌾

Club sandwich - 10,90

Wholemeal sandwich with marinated and grilled chicken breast, crispy bacon, caramelized tomato, crunchy salad, smoked scamorza cheese, served with baked potatoes

PAPPARE' LUNCH & BRUNCH

Pappare' salad - 5,50 🌱

Mixed salad, rocket, cherry tomatoes, turmeric croutons, citronette and sesame seeds
with grilled salmon - add 4,50
with grilled chicken breast - add 3,50
with falafel and lemon tahini dressing - add 2,50 🌱
with crispy bacon - add 1,50

Pink supreme - 12

Grilled salmon fillet in golden flaxseed crust, white sesame and pistachio, served on black rice, baked carrots, home made granola and red mint chutney

Poke bowl - 9 🌱

Vegan bowl with basmati and black rice, apple, edamame, cherry tomatoes, red cabbage, carrot julienne, roasted peanuts, served with home made poke sauce with falafel and lemon tahini dressing- add 2,50 🌱
with grilled chicken breast - add 3
with grilled salmon - add 3
with crispy bacon flakes - add 1,50

Il Burrito - 7 🌱

Vegan burrito with seasoned avocado cream, home made vegan mayonnaise, beans, basmati rice, caramelized onion and tabasco sauce
with grilled chicken breast - add 3
with crispy bacon flakes - add 1,50

Fruit garden - 7 🌱

Mixed salad, fresh fruit and berries, pumpkin and sunflower seeds, home made granola, citronette, served with toasted sourdough bread

Falafel wrap - 7 🌱

Roll with home made falafel, fresh tomato, mixed salad and lemon tahini sauce

dal banco

COUNTER SALADS - 5,50

created using garden fresh seasonal produce
counter food may change on a seasonal basis
ask the staff for the salads of the day

DAILY SAVOURIES

classic savoury filled artisan breads

Le baguette

Home made mayonnaise, turkey breast, milan salami, lettuce, fresh tomato - 5,50

Speck, stracchino cheese, rocket - 5

Grilled vegetables, lettuce, romesco sauce - 5 🌱

Sandwiches - 4

Turmeric bread, ham, home made mayonnaise, grilled mushrooms

Turmeric bread, turkey breast, cream cheese, apricot jam, baby spinach

Turmeric bread, home made hummus, dried tomatoes pesto, grilled aubergines, lemon tahini sauce 🌱

Croissants

Smoked salmon, cream cheese, lemon zest - 4,90

Speck, brie, rocket, walnuts and honey - 4,50

Turkey, stracchino cheese, dried tomatoes pesto - 3,90

Ham, brie - 3,50

Ham - 3

Pizza - 2,5

White or red, margherita or stuffed

to share

Seasoned avocado cream - 6 🌱
with home made bruschettas

Home made falafel - 4,50 🌱
with lemon tahini dressing

Home made hummus - 4,50 🌱
with home made bruschettas

Baked potatoes - 4,50 🌱
served with BBQ sauce

sourdough bread - 1,50 🌱
three slices